



As we reach the close of 2025, it's a great time to pause, look back and appreciate everything we've shared as a community. West Heanton is certainly shaped by the people within it; our clients, families, team and wider community.

2025 has been full of wonderful moments and achievements that remind us just how special our community is.

**2025**  
our year in fun facts

**Activities.** Our Activities Team (*aka the A-Team!*) have provided over **250 days** of fun filled activities in 2025. From lively coffee mornings to peaceful afternoons in the garden, craft sessions, sing-alongs, themed days out, visits from local groups and of course plenty of cuddles with Millie our visiting Therapy Dog! Regular meetings are held with clients so everyone can have input into what the sessions will be; such as group activities, spending time 1-1, visiting a place of special meaning or giving true purpose by including people in daily tasks. The Activities Team, led by Erika, are proud to follow NAPA principles, helping them create activities that are meaningful, inclusive and tailored to each client. Our A-Team welcomes the younger generation and we have several Junior Activities Co-ordinators bringing fresh ideas and the latest technology to the team!



We have been on 67 day trips out to local places of interest, multiple 1-1 trips, library excursions & Hockin's ice cream runs in our trusty mini bus!



**Care.** As you know, Care is provided round the clock, 365 days a year. Our Carers (covering the Care Home & Community) have delivered over 72,000 hours of care in 2025! Our intrepid HomeCare team braved all weathers to cover 6,570 Homecare Rounds!

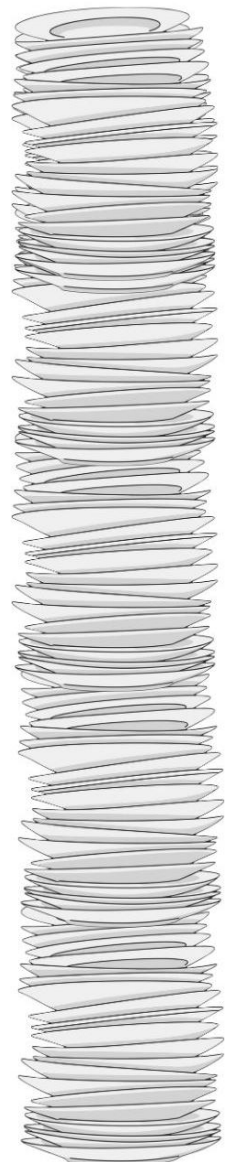
We are fortunate that many of our carers work in both teams and this helps us manage our complex rota, ensuring that we can always get to those who need us. In 2025, 6 team members advanced their skills by successfully passing NVQs in Adult Social Care!

**Catering.** Our catering team cooked up a storm in 2025, serving over 14,500 delicious home cooked lunches throughout the year! Plus multiple delicious breakfasts, teas, puddings, buffets, picnics and cakes for all occasions.

The lunches alone would create a HUGE stack of plates to wash up...

...approx 362 metres of stacked plates...

**taller than the Eiffel Tower!** (300m).



**Suppliers.** Wherever possible we always choose to support local suppliers. This keeps our local economy buoyant, reduces our carbon footprint and ensures we have quality food and supplied delivered, when we need them.

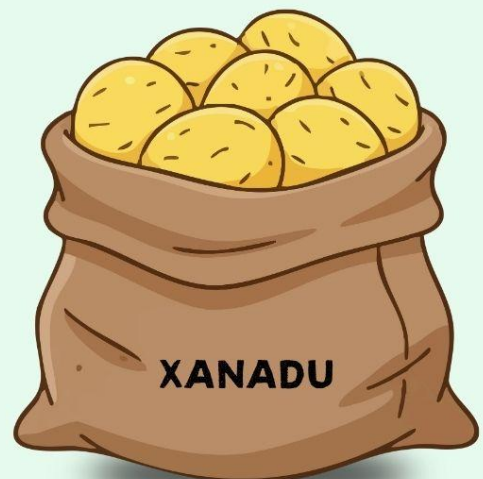
In 2025 we have consumed 18,720 free range eggs from our local supplier Black Dog Eggs - that's enough to make 9,000 omelettes!



Our local grocer Xanadu delivered 2,850kg of potatoes to West Heanton... roughly the weight of 2 small cars!



We have two local suppliers for milk. Savona have delivered 6,084 litres in 2025 - that's enough to make 60,000 cups of tea from one supplier alone!



## End of Year Thanks

As the year draws to a close, it's the perfect moment to pause and appreciate the many people who make our community such a special place.

First and foremost, a huge thank you to **our incredible team**: Carers, Caterers, Activities, Managers, Admin, Reception, Accounts, Housekeeping, Maintenance and Transport. With more than 130 staff members, each bringing their own skills, energy and personality, you keep everything running smoothly and support one another every day. We're looking forward to celebrating together at our Team Thank You Party in January - an evening of quizzes, laughter and good company.

To **our wonderful clients**, who sit at the heart of everything we do: thank you for your enthusiasm, your ideas and your involvement. You shape the life of West Heanton more than you know.

We're also grateful for our **wider community**; families, friends, visiting professionals and neighbours whose support and kindness make such a difference throughout the year.

A special mention goes to **Blake House Surgery, Ruby Country Medical Group** and the **District Nurse teams**, who support us daily both in the home and out in the community. Thank you also to our visiting preachers for giving their time to provide Holy Communion, Sunday Services and a listening ear

A big thank you to Emma and Carol at **Sing Up Bude**, for always welcoming us so warmly and including us in your wonderful sessions. Emma Richards and Mike & his Saxwitches for bringing live music to the home. Shebbear College and Langtree Primary School for bringing the children to sing. Our volunteers; Sue, Sam and Sam's carer for giving your time so kindly. Madewell for always offering a warm welcome and sharing your sensory rooms with us.

And of course, a heartfelt thank you to **Karen and Millie the Therapy Dog**, whose visits in 2025 brought so many smiles. Millie's wagging tail has become a real highlight! Here's to a new year filled with connection, kindness and plenty more moments to be grateful for.



HAPPY BIRTHDAY



It's not all been festive cheer, we have celebrated three special birthdays in December too!

Thankyou to everyone who participated and contributed to our Elf Day. We had a huge amount of fun and raised £208 for The Alzheimer's Society along the way.



**ELF DAY 2025**

WE HAD A BRILLIANT ELF DAY AND RAISED A TOTAL OF £208 FOR THE ALZHEIMER'S SOCIETY

**THANKYOU!**

[www.justgiving.com/fundraising/ElfDay2025-West-Heanton-2025](http://www.justgiving.com/fundraising/ElfDay2025-West-Heanton-2025)

# CONGRATULATIONS

**CAROLINE**

Selected in a random draw, Caroline was nominated twice in December!

The winning nomination was from a family member for being:

"Someone who exemplifies and personifies the core values of West Heanton. Often going above and beyond to care... {she} supports my mother through kindness and encouragement."

Well done! A £50 Marks & Spencer voucher is on its way to you.

**TOM'S DRAW DEC 2025**

Here is a round up of Christmas 2025! Please visit our Facebook page for many more pictures, comment and videos; [www.facebook.com/WestHeanton](http://www.facebook.com/WestHeanton)

## CHRISTMAS MORNING

